

CLAIMS

1. Iron- and vitamin-enriched rice or barley, characterized in that rice grains  
or barley grains are coated with an emulsifying agent-coated iron salt  
5 composition and vitamins, and further coated with a mixture of a hydrogenated  
oil and a polyglycerol fatty acid ester.
2. Iron-enriched rice or barley, characterized in that rice grains or barley  
grains are coated with a mixture comprising an iron salt, a hydrogenated oil and  
10 a polyglycerol fatty acid ester.
3. Iron- and vitamin-enriched rice or barley, characterized in that rice grains  
or barley grains are coated with a mixture comprising an emulsifying agent-  
coated iron salt composition, vitamins, a hydrogenated oil and a polyglycerol  
15 fatty acid ester.
4. The enriched rice or barley according to any one of claims 1 to 3,  
characterized in that the iron salt has an average particle diameter of 2  $\mu\text{m}$  or less.